



Annual General Meeting

The Ottawa Jr. 67's AAA Hockey Association will hold its AGM on Thu April 30th commencing 7:00PM at Armstrong Arena.

Eligible Voting Members

Voting at the Annual or General meetings of the Association shall be on the basis of one vote per parent or guardian per registered player of a Jr. 67's AAA Association Hockey Teams. One vote for each special membership, each lifetime membership, and each member of the Board of Directors and each registered member of team management (coach, assistant coach, manager, etc.). The presence of at least ten (10) Members in person shall constitute a quorum at any meeting of Members.

Method of Voting

The method of voting at meetings of Members, except for election of Directors, shall be by a show of hands. The President shall declare that a resolution has been carried or not carried and an entry to that effect in the minutes of the AAA Association.

Questions arising at any meeting of members shall be decided by a majority of the votes of those present; in the case of an equality of votes, the Chair shall vote to break the tie. Proxy votes will not be accepted.

Executive Positions for Election

Each candidate for election as a Director may be nominated in writing by a Member and written nomination shall be delivered to the Secretary secretary@ottawajr67aaa.com at least five (5) full calendar days prior to the annual meeting. After all the nominations have been tabled at the annual meeting, any person who has been nominated may withdraw by announcing his or her withdrawal to the President, who shall thereupon instruct the Secretary to strike the name from the list. A candidate may also be nominated at the time of the annual general meeting.

Executive Positions for Election

The following Board of Directors positions for the forthcoming year will be elected at the AGM.

The positions available and term elected for:

1. 1st Vice-President (Operations) – 2 year term
2. 2nd Vice-President (Development) – 2 year term
3. Treasurer – 2 year term
4. Equipment Manager – 1 year term
5. Ice Convenor – 2 year term
6. Director of Communications and Public Relations – 2 year term

AGM Agenda

The order of business at the annual meeting shall be as follows:

1. Calling the meeting to order;
2. Committees reports by the President's and Board of Directors Reports;
3. Treasurer's report;
4. New business, resolutions, or matters that may properly be brought before the meeting, including without restriction the approval of the financial statements and acceptance of the report of the auditors;
5. Presentation of slate of nominees for election of Directors;
6. Confirmation of appointment of two (2) scrutinizers;
7. Election of Directors;
8. President's final remarks;
9. Adjournment.



Ottawa Jr. 67's AAA AGM

30/04/08

7:00 PM

Earl Armstrong Arena

Presidents Report

I would like to first take this opportunity to thank each of you for your support in our 2nd OEMHL AAA hockey season. I have been fortunate to have met you. Our second season has will officially end this weekend. It was a very exciting second year for all involved with the Jr. 67's with numerous highlights:

League Play

- 3 of 4 teams advanced to the OEMHL AAA Semi-finals
- Minor Bantam finished 1st overall in league
- Major Bantam finished 1st overall in league, Play-off champs, finished 4th Provincials
- Major Midgets advanced to Provincial Championships and finished 6th

Tournament Play

Minor Bantam <ul style="list-style-type: none">• Toronto Red Wings – Qtr Finalists• Ottawa Sens – Semi Finalists• Oshawa - Finalists	Major Bantam <ul style="list-style-type: none">• Sudbury – Semi-Finalists• Toronto Marlies – Qtr -Finalists L'Ancienne-Lorette <ul style="list-style-type: none">• L'Ancienne-Lorette - Semi- Finalists
	Major Midget <ul style="list-style-type: none">• Markham – Semi Finalists• Waterloo - Finalists

We have come a long way this past year. Most of the success can be directly attributed to the effort and dedication of the players and team officials but your support as parents should not be over looked. At this point I can not say everything was perfect and our learning curve this year was and still is very steep. We have a built a solid foundation as we begin to prepare for our 3rd season.

Finally, I would like to thank the Jr. 67's Executive and Development Committee and Team officials for their support during this past season. As they were instrumental in taking this new association to the next level. Please review the Jr. 67's website on a regular basis for updates for the 2009/10 season. www.ottawajr67aaa.com

Thank you,
Neil Ferguson



2008/2009 SEASON - FINAL

DEVELOPMENT REPORT - APRIL 30, 2009

The following is the final report from the office of the VP of Development for the 2008/2009 Season:

1. the entire coaching staff and development committee worked very hard to enhance the Ottawa Jr. 67s Hockey Club's growing tradition of having one of the best hockey development programs in the OEMHL AAA league;
2. the Ottawa Jr. 67s Hockey Club delivered in every aspect of our development model, specifically:
 - a. we delivered the target and/or increased the number of practice hours compared to the previous year. Our practice hours were very close for each team. Due to their births in the provincial championships both the Major Bantam and Midget teams received significant additional practice time;
 - b. we continued and expanded the scope of our on-ice development sessions with Jason Prevost, and in some cases with Richard Bercuson, in areas of individual skill and tactics as well as team tactics development. The number of hours provided was roughly equal across all four teams;
 - c. we increased our emphasis on the importance of proper nutrition in the development of elite athletes. This is one area where we still do not have 100% commitment from the players and as a result more focus on this area will be delivered in the upcoming 2009/2010 season under the direction and assistance of Bruce Bonner;
 - d. we expanded our sports psychology program with Jamie Smith this year with, on average, 5 sessions per team. These were well received and coaches have asked for more focus in this area in the upcoming season;
 - e. we kicked our goalie mentoring program with Tom Dempsey (currently the goalie coach for the Ottawa 67s Major Junior A team) into another gear this season. This program was exceptional and delivered a high level of development for our club's goalies. It is clear that this program is starting to produce high end candidates for the next level of competition for our goalies;
 - f. we continued our commitment to developing our coaches through our exceptional coach mentoring program delivered by Richard Bercuson this season. Coaching is a rewarding yet challenging profession. They need someone to discuss development priorities, approach, player/parent challenges as it relates to player development, tactics/strategies for league games, tournament games and playoffs. Richard Bercuson provided this in





abundance this year. All our coaches have learned from last season and from Richard's input;

- g. we focused a lot of energy on improving our dryland program with our partner - the OSPC. Overall, this increased emphasis generated results as many of our players were in better overall condition to play at a high level across the entire season. We had fewer players affected by the rigours of a long season and this is due to a focus on off-ice dryland fitness. The plan is to improve on this next year. We also want to encourage players to maintain an strong fitness regimen during the non-season and incorporate more fitness testing;
- h. we organized three monthly coaching/development committee meetings this year. These were well attended. The purpose of these meetings was to provide a forum to discuss development related issues per team and an association. The Coaches found this to be a great opportunity to compare notes and come away with net new ideas. The respective schedules of the coaches and development committee members presented some challenges in organizing more meetings. This will be addressed next year. As well, our plan is to hold more clinics for the coaches; and,
- i. we started to instill the importance of academic achievement as well as hockey development within our player ranks. More emphasis will be placed on scholastic achievement in the upcoming season.

Overall, we delivered a lot. But, we also recognize that we can and will deliver more next year. I wish to take this opportunity to thank my board colleagues, the coaching staffs and the development committee for their support and efforts in making "development" the core thread in our entire program.

Wayne Gudbranson
Vice President-Development
Ottawa Jr. 67s AAA Hockey Club
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<http://www.ottawajr67aaa.com>





Ottawa Jr. 67's AAA AGM

30/04/09

7:00 PM

Armstrong Arena

Registrar's Report

1. There were 167 players that registered for tryouts for the second year of the Ottawa Junior 67's Hockey Club.
 - Minor Bantam – 48 compared to 39 last year
 - Major Bantam – 41 compared to 37 last year
 - Minor Midget – 38 compared to 41 last year
 - Major Midget – 40 compared to 47 last year
2. This season there were 17 players registered to the Minor Bantam and Major Bantam. The Minor and Major Midget teams had 18 players, for a total of 70 players in the second season of Ottawa Jr. 67's AAA Hockey Club.
3. 34 players were affiliated by the Ottawa Jr. 67's either from within the Club or from the Gloucester Rangers AA or the Ottawa Sting AA Association. The breakdown of affiliates as follows:
 - Minor Bantam – 11 players affiliated
 - Major Bantam – 10 players affiliated
 - Minor Midget – 7 players affiliated
 - Major Midget – 6 players affiliated

Respectfully Submitted by
Anna Murphy-Dow
Registrar

2008-09 Ottawa Jr. 67's Progress Report

Minor Bantam									Major Bantam								
Mth	Practice Ice(hrs)	Off-ice Sessions	Develop Sessions	Goalie Sessions	Sports Psych	Play-off Ice	League		Practice Ice(hrs)	Off-ice Sessions	Develop Sessions	Goalie Sessions	Sports Psych	Play-off Ice	League		
							Ice(hrs) Home	Ice(hrs) Away							Ice(hrs) Home	Ice(hrs) Away	
Aug																	
Sept	12.5	4	2	3			2	4	14.5	2	1	2			2	4	
Oct	14.5	3	2	3	1		4	8	9	5	1	1	1		6	4	
Nov	12	5	2	2	1		6	2	10.5	3	1	2	1		10	4	
Dec	10.5	4	1	2	1		4	6	13.5	3	1	2	1		2	8	
Jan	10.5	4	0	2	0		8	4	13.5	4	1	1	0		4	8	
Feb	8	2	2	1	1	6	4	4	10.5	1	2	1	1	6	4	0	
Mar	0	1.5	0	0	0	0			6	0	0	0	0	4			
Plan	68	23.5	9	13	4	6	28	28	77.5	18	7	9	4	10	28	28	
	97.14%	117.50%	90.00%	130.00%	66.67%		100.00%	100.00%	110.71%	90.00%	70.00%	90.00%	66.67%		100.00%	100.00%	
Minor Midget									Major Midget								
Mth	Practice Ice(hrs)	Off-ice Sessions	Develop Sessions	Goalie Sessions	Sports Psych	Play-off Ice	League		Practice Ice(hrs)	Off-ice Sessions	Develop Sessions	Goalie Sessions	Sports Psych	Play-off Ice	League		
							Ice(hrs) Home	Ice(hrs) Away							Ice(hrs) Home	Ice(hrs) Away	
Aug																	
Sept	18	4	2	2	1		2	4	4	1							
Oct	9.5	5	1	2	1		4	6	11	3	1	2	1		4	8	
Nov	10	3	1	2			6	6	12	5	2	1	1		8	2	
Dec	10	4	1	2	1		8	2	15	1	0	1	0		4	8	
Jan	9	4	1	1	1		4	6	12.5	3	1	1	0		6	4	
Feb	2	1	0	1	0	0	4	4	13.5	1	1	1	2	4	6	6	
Mar	0	0	0	0	0	0			12	0	0	0	0	6			
Plan	58.5	21	6	10	4	0	28	28	80	14	5	6	4	10	28	28	
	83.57%	105.00%	60.00%	100.00%	66.67%		100.00%	100.00%	114.29%	70.00%	50.00%	66.67%	66.67%		100.00%	100.00%	